

# ICE BREAKER: This week we are thinking about The Bible as we continue in spiritual rhythms.

What is your favourite book to read (current or read as a child) & why?

## **ENCOUNTER**:

The Bible is an amazing book. What are some of the main themes/stories of the Bible? Discuss together.

#### FOCUS: The Bible.

## Q1: Hear it. How regularly do you listen to the Bible?

It's important for us to hear God's Word regularly. In a noisy world why is it a good thing to hear the Word? In what ways can we hear God's Word? Are you in the habit of hearing the Word regularly? How does hearing the Word help you?

## Q2: Read it. How often do you read the Bible?

2 Timothy 3 v 16, 'All scripture is God breathed...' When we open the Bible, God speaks. It is his word, his voice. What a great thing. Surely this should inspire us to be reading the Bible more? We get to know God by reading his word. Do you read the Bible as much as you should? What obstacles prevent you from reading the Bible? Why is it important for you to read the Bible? What ways can we be encouraging each other in this area? What tools/reading plans have helped you to read the Bible & deepen your relationship with God?

#### Q3: Study it. Why Study the Bible?

To be effective disciples of Jesus we need to go deeper in his Word. How do you study the Bible? Do you use Bible Commentaries to help you better understand the culture, context and meaning? Do you tend to follow your favourite Bible teacher? What can the positives & negatives of that be? Do you study the Bible for yourself or only with others?

## Q4: Do it (live it out). Are you living it?

James 1 v 22, But be doers of the word, and not hearers only, deceiving yourselves.

Living it out. It's important to hear the Bible, read the Bible and study the Bible but James tells us that we need to live it out too. You can only truly live out what you know. How does a Christian live out what they believe? What practical examples can you share together as a group about how living out the Bible is evident in your life? How did Jesus live it out? As Jesus lived out what he believed, how did people respond? Was everyone welcoming of him? As we live out the Bible in our lives will we face opposition?

#### **ACTIVATION:**

Part 1:

Jesus used the scriptures on many occasions. There is a well-known passage in Luke 4 when he uses the scriptures to overcome temptation. Can you share of a time when you have used the Bible in a situation that you have found yourself in?

#### Part 2:

Take time in your group to share your favourite verse or passage from the Bible & how it has impacted your life.